

MODULE 7

KNOW WHY YOU NEED TO WASH YOUR HANDS

The young person/s will be shown why it is necessary to wash hands before touching wounds etc.

To have this module signed off the young person will need to explain why you need clean hands before you touch cuts etc.

GUIDANCE FOR MODULE TUTOR

Place glitter in plate, water in bowl and have towel at hand. Rub some Vaseline or gel onto a young person's hand and ask young person to place their hands in the glitter, palms down, show others in group - these represent germs. Then ask young person to wash hands in bowl and hold hands up to see how much glitter is left on them - these represent the germs left after washing!!! They could draw a picture of a germ on stickit notes and put them on a board!

AIDS REQUIRED

Glitter, vaseline or gel, plate, bowl, towel, picture of a germ! Stick it notes and colouring pens/pencils

MODULE 8a

KNOW HOW TO OPEN AN AIRWAY

Know the simple process of putting the head back to open the air passageway of an unconscious casualty. (For Stage 1)

The young person/s will be shown how to open an airway - and if time, an introduction to the recovery position.

To have this module signed off the young person will need be able to demonstrate he knows how to open an airway.

GUIDANCE FOR MODULE TUTOR

Show them what to do and practice on each other.

Then if time show them and let them try the recovery position on each other - this is not a requirement for passing the badge but a useful skill for a young person to have.

AIDS REQUIRED

First Aid Book/ picture of opening airway

Picture of recovery position.

MODULE 8b.

KNOW HOW TO CLEAR AN AIRWAY AND PLACE IN THE RECOVERY POSITION

Know how to open an airway by tilting back the head, the technique for rescue breaths and placing a casualty in the recovery position. (For Stage 2)

To have this module signed off the young person will need to know how to open an airway by tilting the head back, and placing the casualty in the recovery position.

NB The badge requirement no longer mentions rescue breaths – the details on scoutbase still do – As the method of performing rescue breaths seems to be under constant review and subject to change a particular method is not included in our course.

GUIDANCE FOR MODULE TUTOR

Similar to 8a - but the young people **must be able** to do the airway and recovery position properly!

AIDS REQUIRED

First Aid Book/ picture of opening airway

Picture of recovery position.

MODULE 9a

KNOW HOW TO TREAT MINOR CUTS SCRATCHES AND GRAZES

Understand the importance of thorough hand washing before treating any wound. Know how to use wound-cleaning wipes and apply a plaster to a minor cut. (For Stage 1)

The young person/s will be shown how to treat a small cut, scratch or graze – and if time, how to treat a burn.

To have this module signed off the young person will need to know:-

1. Why you need to wear gloves if possible – contamination/passing on germs.
2. DO NOT REMOVE large objects from wounds.
3. What to clean a wound with – water, wipes.
4. How to do it – from inside out to outside.
5. How to dry wound – with something clean and dry (preferably a gauze pad)
6. How to put on a plaster (if not allergic to plasters).

GUIDANCE FOR MODULE TUTOR

Mark body with graze, discuss and practise treatment – be aware of any allergies the young people might have, they could wear gloves while practising.

TRY AND MAKE TIME TO DISCUSS BURNS – this is not a requirement for passing the badge – but a useful skill for a young person to know.

AIDS REQUIRED

Disposable gloves, red pen and/or make up for cut etc., plus items for wiping wounds, plasters, antiseptic wipes and a water bottle.

FOR BURN – use lipstick/makeup.

CORRECT ORDER OF RESPONSE FOR CUTS, SCRATCHES & GRAZES

Why you need to wear gloves if possible OR
wash your hands

(to stop contamination/germs getting into wounds)

DO NOT REMOVE large objects from wounds.

What to clean a wound with – water, wipes.

How to do it – from inside out to outside.

How to dry wound – with something clean and
dry (preferably a gauze pad)

How to put on a plaster (if not allergic to plasters).

MODULE 9b

KNOW HOW TO DEAL WITH MINOR BLEEDING

They will need to know how to prevent the wound from becoming infected, and to control bleeding (For Stage 2)

To have this module signed off the young person will need to know the following information and procedures.

1. How to prevent infection - Put disposable gloves on OR wash your hands thoroughly and clean wounds properly.
2. Rinse the wound to remove dirt and grit – under cold running water where possible
3. Clean round the wound using swabs or wipes – you need a fresh swab or wipe for each stroke and work from the edge of the wound outwards.
4. If there is any loose foreign matter, such as glass, metal or gravel in or around the wound remove it carefully **BUT DO NOT REMOVE LARGE OBJECTS FROM WOUNDS**
5. When the wound is clean gently dry around the wound with a gauze swab. Do not use cotton wool its too fluffy
6. If the cut or graze is small apply a plaster (check allergies) For a larger cut or graze, cover it with a sterile wound dressing and secure with bandage/tape.

Guidance for Module Tutor

Mark body with graze/cut discuss and practise treatment – be aware of any allergies the young people might have, they could wear gloves while practising.

AIDS REQUIRED

A really mucky graze with grit etc in it – a make up artist would be very handy.

The aids as for Module 9a – plus extra items to cover wounds.

Correct order of response cards & poster of response cards for answers.

CORRECT ORDER OF REPOSE LIST FOR MINOR BLEEDING

Sit the casualty down

Put disposable gloves on, or wash hands thoroughly

Rinse the wound

Clean around the wound

Use a fresh swab for each stroke

Clean from the inside out

Dry around the wound

Cover the wound